

## Signs of Vision Problem Checklist

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Many kinds of vision problems reveal themselves most easily in behavior, posture, and attitude. These signs are usually associated most closely with long periods of visual work done at less than arm' length from the child's eyes. You can easily identify vision problems simply by observing your child/student and marking this checklist. If you mark more than 3 signs, there is a good reason to suspect a vision problem.

Please check all signs that describe your child:

### Section A

- Does your child squint when looking up from reading?
- Have trouble seeing the board?
- Frequently blink or rub eyes?
- Have headaches after doing school work or any near work?
- Frequently awkward, bump into things, knock things over?
- Hold books extremely close?
- Read a great deal of the time?
- Report that things look blurry after/during reading or doing near work?
- Have trouble copying work from the board onto paper?

### Section B

- Spend a long time doing homework that should take only a few minutes?
- Reduced attention span/can concentrate for only a moderate time?
- Covers one eye by leaning on hand?
- Covers one eye when in sunlight/bright condition/watching TV?
- Lays head on desk when doing pencil work (writing/drawing)?
- Frequently loses place when reading?
- Reports that words swim or jump around on page?
- Skips or re-reads words and lines?
- Reverses words or letters (was for saw, b for d) beyond second grade?
- Does better at math than English, history, or social studies?
- Have trouble lining up numbers when doing addition/subtraction/fractions?
- Must re-read material several times to grasp its meaning?
- Gets tired/sleepy quickly when doing reading or homework?

### Section C

- Short attention span? Can concentrate on reading work for only a few minutes?
- Daydreams a lot? Stares off into the distance frequently?
- Learns best through auditory tactics (listen or learn)?
- Misbehavior has become a problem (to cover up poor school performance)?
- Acts up when asked to do school work?
- Not working to best potential in school/recreational activities?
- Moody or depressed about school and life? Class clown or class bully?
- Avoids work that includes reading or near seeing?
- Is more than 1 year behind group in reading-related skills?
- Has poor posture? Slouches or slumps in chair?

### Recreation and Leisure:

Is child active in sports? Yes No

Is child awkward or accident-prone? Yes No

Does your child use a computer at school/home? Yes No How many hours? \_\_\_\_\_

How does your child react to school stress?

- Tries harder
- Performance drops
- Avoids work

Behavior changes related to school?

- Often angry
- Class clown
- Depressed
- Moody

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**The information in this personal history form is highly accurate at predicting the presence of vision problems or vision changes. If you have any questions about the results, please contact:**

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